

# KITEs Method on Hobie Catamarans

## KITEs Warm Up check list

Use the KITEs Warm Up to learn:

1. Wind Direction
2. Wind Strength
3. Launch Angles
4. Exit Areas
5. Steering Communications

## KITEs Warm Up

Catamarans float, all riders need to do is grab the kite hoops and sail cross wind. The test comes when riders want to transition and travel back to the beach. Riders should look to where they want to go. Lead with the head, the body will follow.



Once comfortable, add 4 meter lines. Make sure to attach the trim loop to the boat and not to the kite flyer. Only the KITEs First Line should attach to the kite flyer. Riders should focus on parking the kite while steering the boat upwind. For more about the KITEs Method, check out the new KITEs Method Book.

